



Preparing the Game

- Print and cut out the images
- Laminate the Sperm and Egg (womb) images so they can be reused or put the womb in a poly pocket.
- Display them on a board, as in the photo.
- Attach a little bit of blue tack to each sperm.

How to Play

Each player chooses a different colour sperm.

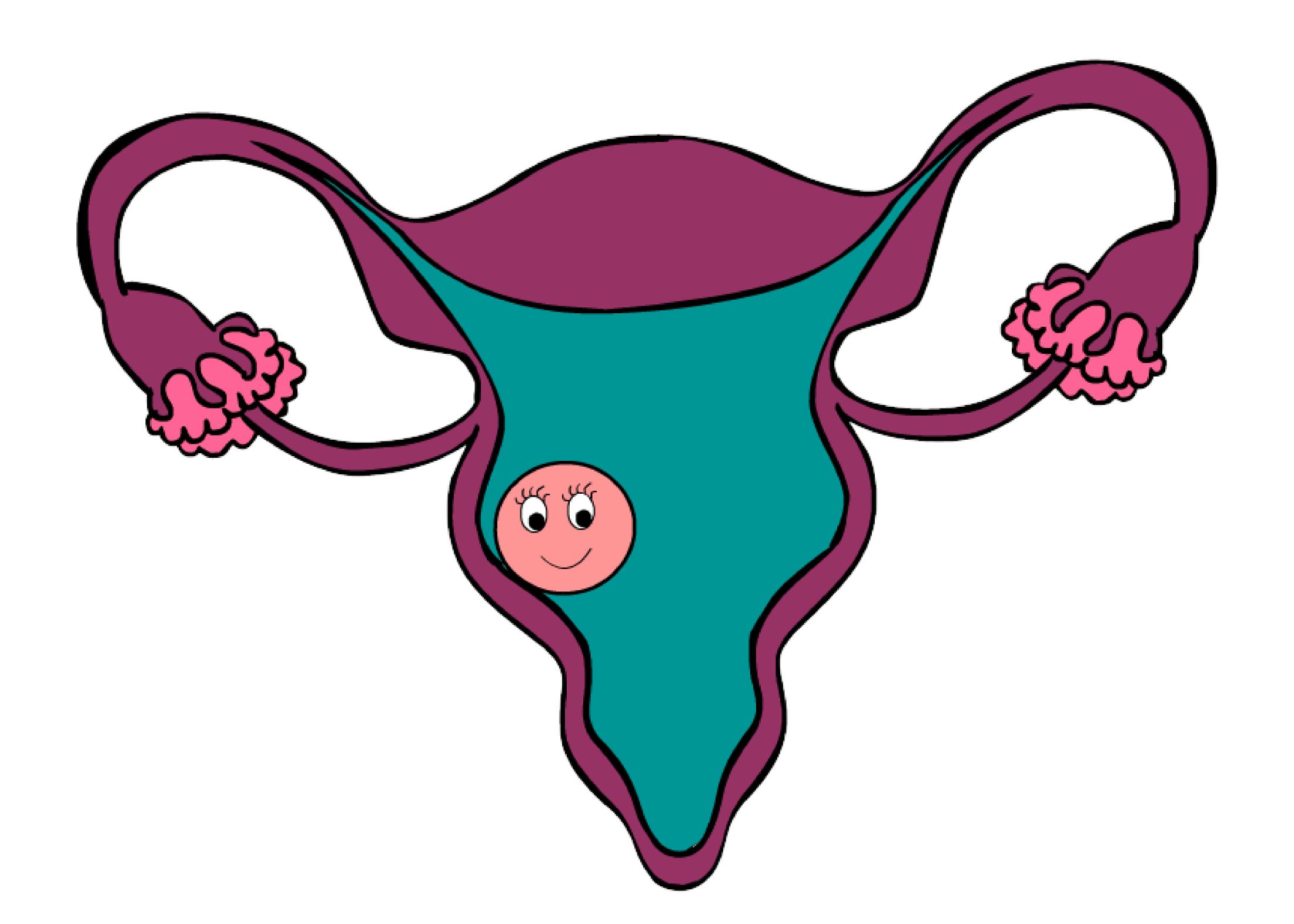
One at at time (Wearing a blindfold or with close eyes).

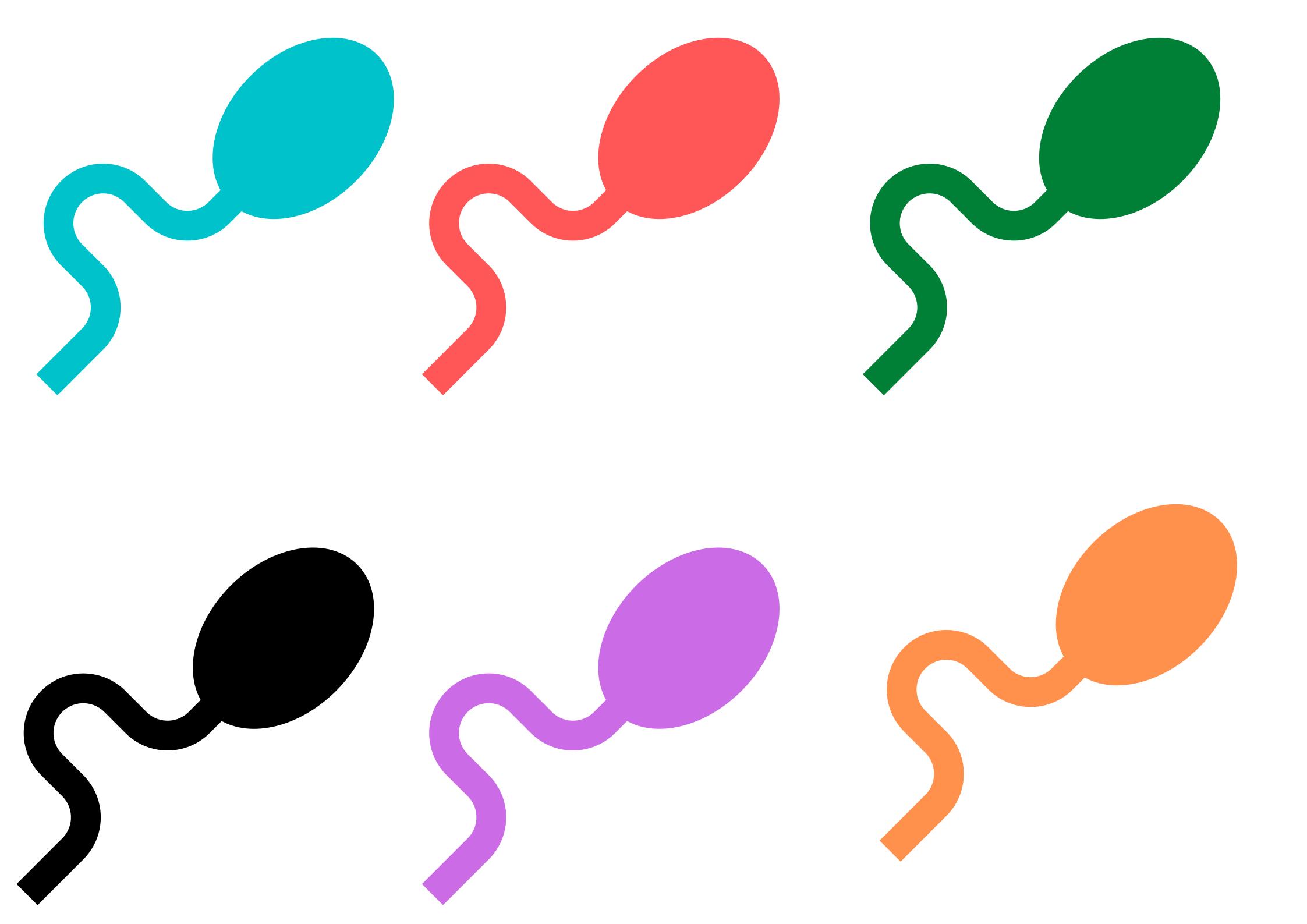
- Hold sperm up and spin around (if happy to)
- Place the sperm on the egg whilst wearing the blindfold.
- Closest to the egg wins

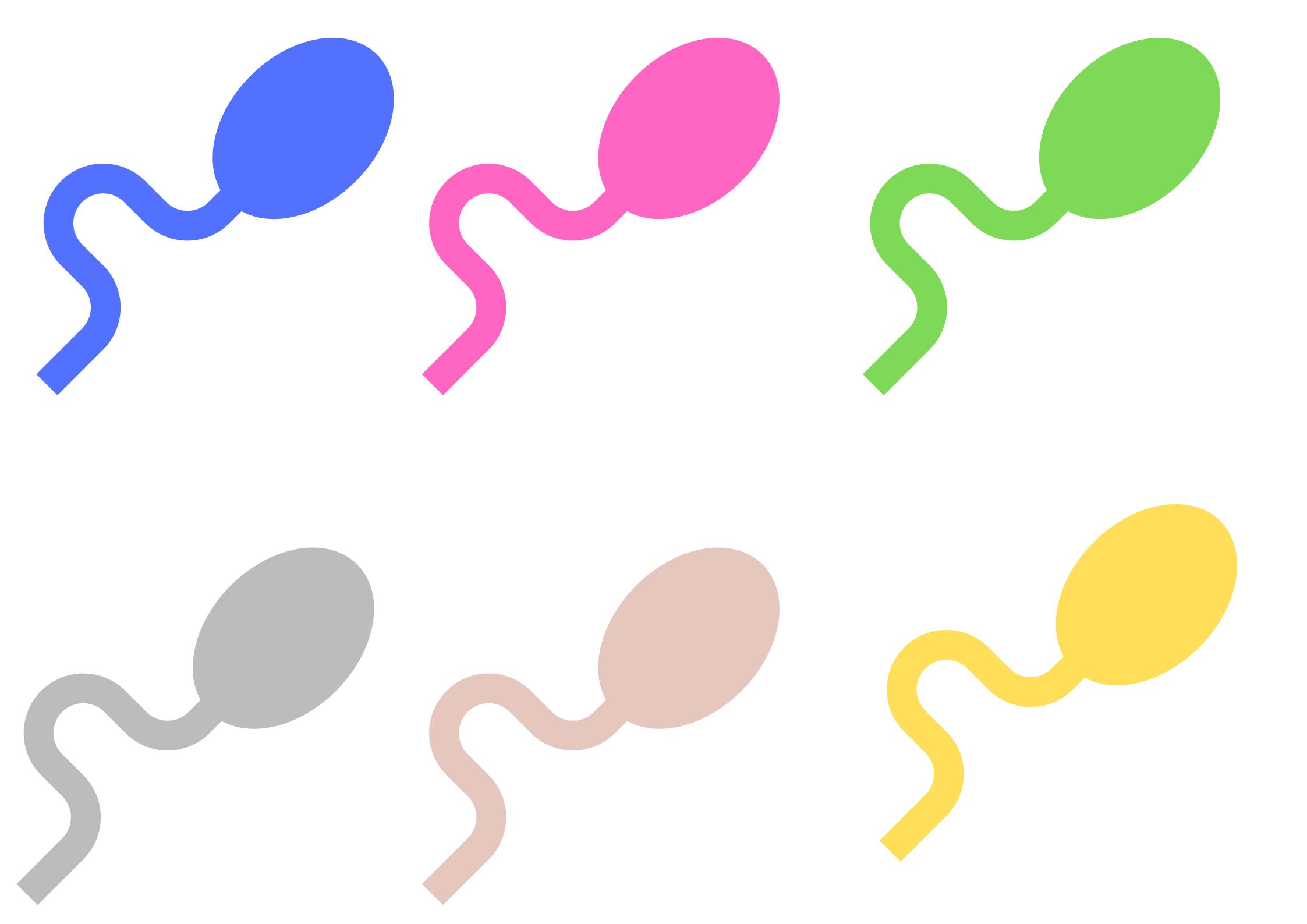
Discussion Points

After the game, take a moment to reflect together:

- Becoming pregnant isn't always easy around one in six couples in the UK experience difficulties conceiving.
- There can be many barriers to pregnancy, from timing and health conditions to factors we can't control.
- Even when fertilisation happens, pregnancy doesn't always progress as hoped sometimes it can be ectopic or not develop at all.
- Every journey is different, and your Fertili-Tea helps raise understanding and support for those facing fertility challenges.







PINTHE SPERM

