

Ovulation Defects

There are only a few days in a woman's menstrual cycle when pregnancy can occur. If you are trying to conceive it is therefore important to have regular intercourse especially around the time an egg is released from your ovaries (the process known as ovulation). You are most likely to get pregnant if you have intercourse in the couple of days leading up to ovulation or on the day of ovulation itself. Pinpointing this time can be difficult as ovulation takes place roughly 14 days before your period arrives, so it varies from woman to woman and from cycle to cycle.

It is estimated that problems with ovulation occur in 25% of infertile couples. This is an important problem to identify, as most of these patients can be treated successfully.

Ovulation problems can be treated with tablets, usually Clomifene (Clomid) or Tamoxifen, or with gonadotrophin drugs. It is important that you are carefully monitored when on any drugs to avoid over stimulation of the ovaries. If you produce multiple eggs, there is a much higher risk of a multiple pregnancy.

[NHS Choices](#) is the UK's biggest health website.