

## Miscarriage

Miscarriage is the most common form of pregnancy loss, and affects around 1 in 4 pregnancies. For many women and their partners it is an extremely distressing experience. If you have been trying for a baby for a long time, or have had assisted reproductive treatment to help you conceive, having a miscarriage can be even more painful and difficult to cope with.

Recurrent miscarriage, where you experience three or more miscarriages in a row, is uncommon and if you have experienced recurrent miscarriage you should be referred for further investigation.

There are many reasons for miscarriage, but there is also support and information available from The Miscarriage Association, as well as through our online community at HealthUnlocked.

The [Miscarriage Association](#) offer support and information to anyone affected by the loss of a baby in pregnancy.

[NHS Choices](#) is the UK's biggest health website.