

Intra Uterine Insemination

During intra uterine insemination (IUI), sperm is collected and washed before a fine tube is used to place the sperm high into the uterine cavity (womb). IUI may be timed to coincide with natural ovulation (unstimulated IUI) or you may be given drugs to stimulate your ovaries to produce eggs (stimulated IUI) to help increase chances of success.

IUI is not routinely offered on the NHS. The NICE Guideline recommends IUI where:

- you are unable (or would find it very difficult) to have vaginal intercourse - for example, due to a physical disability
- you have a condition (such as a viral infection that can be sexually transmitted) that means you need specific help to conceive
- you are in a same-sex relationship