

# Fertili-Tea Quiz



Put your fertility knowledge to the test and help raise money to support those dealing with fertility issues in the UK.

Player/Team Name.....

How much Fertility Talk do you know? Please complete the answers to the following fertility acronyms to find out.

<b>Fertility Acronym</b>	<b>Write your answers below</b>
<b>AF</b>	
<b>ET</b>	
<b>BD</b>	
<b>CD</b>	
<b>DW/DH</b>	
<b>EC</b>	
<b>HPT</b>	
<b>Furbaby</b>	
<b>HSC</b>	
<b>FKC</b>	
<b>Endo</b>	
<b>OHSS</b>	
<b>BFP/BFN</b>	
<b>WTF Appt</b>	
<b>PUP0</b>	
<b>2WW</b>	
<b>FET</b>	
<b>hCG</b>	
<b>TTC</b>	
<b>PCOS</b>	
<b>Total</b>	<b>/20</b>

# Fertili-Tea Quiz Answer Sheet

Fertility Acronym	Answers	Descriptions
<b>AF</b>	Aunt Flo. Half a mark for assisted fertility (because it's not wrong)	Menstrual cycle.
<b>ET</b>	Embryo transfer	Date that fertilised embryo is transferred to the womb. Usually takes place between Day 1 to Day 5.
<b>BD</b>	Baby dancing	Having sex to try to conceive.
<b>CD</b>	Cycle day	The specific day of a menstrual cycle.
<b>DW/DH/DP</b>	Dear wife/Dear husband/Dear partner	Other half.
<b>EC</b>	Egg collection	Following stimulation of follicles egg collection takes place to retrieve the eggs. This often happens under sedation.
<b>HPT</b>	Home pregnancy test	These can be bought from a chemist but are sometimes given out to the patient by the clinic. The sensitivity of tests can vary depending on the level of hCG they detect.
<b>Furbaby</b>	Pet	Many people, with or without children, refer to their pets as furbabies.
<b>HSC</b>	Hysteroscopy	A hysteroscopy is a procedure used to examine the inside of the womb (uterus).
<b>FKC</b>	Frequent knicker checker	When you are hoping not to get your period or once pregnant because you are checking for spotting.
<b>Endo</b>	Endometriosis	Endometriosis is a common condition where tissue that behaves like the lining of the womb (endometrium) is found in other parts of the body.
<b>OHSS</b>	Ovarian hyper stimulation syndrome	Ovarian hyperstimulation syndrome is a rare complication of IVF. It occurs in women who are very sensitive to the fertility medication taken to increase egg production. Too many eggs develop in the ovaries, which become very large and painful.
<b>BFP/BFN</b>	Big fat positive/Big fat negative	People going through IVF are given a specific test date from their clinic. Some complete a Home Pregnancy Test, others are called into their clinics to have a blood test but then often have to wait until the afternoon of the same day for confirmation of the result.
<b>WTF Appt</b>	What the f*ck appointment	The follow up appointment following an unsuccessful cycle of assisted fertility treatment.
<b>PUPO</b>	Pregnant until proven otherwise	Positive affirmation following embryo transfer.
<b>2WW</b>	2 week wait	The 2 weeks between embryo transfer and pregnancy test day.
<b>FET</b>	Frozen embryo transfer	The transfer of an embryo which has been frozen during a previous cycle. The embryo is thawed on the morning of the transfer but can only be transferred if it thaws successfully.
<b>hCG</b>	Human chorionic gonadotropin (The pregnancy hormone)	hCG is only present in the body if there is a pregnancy. It can be identified by blood or urine test.
<b>TTC</b>	Trying to conceive	When trying to get pregnant/have a baby either naturally or using assisted reproductive treatment.
<b>PCOS</b>	Polycystic ovary syndrome	This is a common condition that affects how a woman's ovaries work and can affect chances of getting pregnant along with having many other health implications.



# Fertili-Tea Quiz

## Instructions for the Organiser

Thank you for organising a Fertili-Tea and helping to raise money to support those dealing with fertility issues in the UK.

Suggested donation is £1 per play. Please feel free to increase this for teams, or just because you want to!

This quiz can be played in three ways:

**1) As a group:** Call out the acronyms to all attendees and people can shout out the answers.

**2) Individuals:** Print an answer sheet for each player and ask them to complete the answers in a set amount of time. Either collect all the sheets to mark or ask the players to swap the sheets to mark each others. The person with the best score wins a prize.

**3) Teams:** Print off an answer sheet for each team (there can be as many teams/players per team as you like) and follow instructions for individuals. The prize will be a team prize.