



## **Craig and Lucy's story**

My wife and I started trying for a baby eight years ago. After two years trying to no avail we went to our GP who referred us to the fertility clinic. Investigations showed my wife had polycystic ovary syndrome (PCOS); the only information I received about my situation was that I had lazy swimmers. The staff showed no compassion; were very unhelpful, and had a poor attitude: they basically told us to go away and lose weight. This made my wife feel awful. We didn't progress any further on that occasion. The whole experience put a massive strain on us and made us feel worthless.

In 2012 we moved from the south of England to Scotland and once settled we went to our GP there to get the ball rolling again. Our GP referred us to the fertility clinic and the consultant couldn't have been more different: he explained to us the whole process and what was going on. My wife had lost enough weight and the PCOS had reversed. I was found to have a low sperm count and poor mobility resulting in male factor infertility.

We were then referred to the local hospital to see another consultant. This is where our journey really starts. The staff showed the most amazing amount of compassion, care and support. My wife had got to her target weight and started her fertility medication in March 2015. In June 2015, we had intracytoplasmic sperm injection (ICSI) and my wife had two embryos transferred. In February 2016 our little miracle baby was born weighing 6lb 2.5oz. We can't thank the staff at the hospitals enough for all they did for us and for the care and support for my wife and son.